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The Bugle

2000 Main St. Paris, KY 40361

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A monthly publication of Bourbon Heights Nursing Home, Inc. for the benefit of residents, their families, the staff and the community.

Asking For Help

By Josiah Spears

Psalms 12:1 "Help, LORD.."

There is a sense in which all of the Christian Life is summed up in these two words. Sure, there is a lot more to the Christian life: its theology, its doctrines, its behavior, etc... But at the very heart of it stands the Christian who has been transformed because of Christ, saying, "help Lord." As the kingly Preacher, our Savior commanded the hearers and readers of His sermon on the mount, "Ask, and it shall be given to you; seek, and ye shall find; knock and it shall be opened unto you." The point here is the simplicity of the command. We don't need to climb to the top of the highest mountain, give up the necessities of life, or make a big sacrifice. All we have to do is ask, seek, or knock. It is just a matter of the child going to his or her heavenly Father and saying, "Help Lord."

This certainly is the cry in salvation. God quickens the sinner and they see they're condemned standing before Him. Worse yet, is that they quickly realize that there is absolutely nothing they can do to save themselves,, or even make themselves just a little bit better. And so they cry out, "help, Lord." Who else has the power to save the sinner from their sin? Even more, who has the power to save from God's wrath? To quote the old hymn writer, "none but Thee, dear Lord, none but Thee."

As the Christian continues to journey through this life, there is one thing that quickly becomes apparent, and that is our weakness. Before Meeting King Jesus, in our arrogance, we thought so much of ourselves; too much really. One way or another, our trust was in ourselves to face and handle whatever life would throw at us. But now, having seen our inherent weakness, we find within ourselves an inadequacy to do the things that our Lord would have us do. And again the beauty of the words above come shining through; all we have to do when we find this weakness in ourselves, is say, "help Lord." James says in his epistle, "If any of you lack wisdom, let him ask of God..." This is certainly true of not just wisdom, but anything the Christian finds himself in need of, and all we have to do is ask.

One of the biggest enemies against the simple encouragement to ask is pride. This is often joked about when we talk about men who don't to ask for directions, but it's nonetheless true. And sadly, this is also true for so many Christians. All we have to do is ask, but if we're totally honest, our pride keeps us from doing so. This flesh likes the attention; we want some of the glory; we want to be able to say that we were smart enough, strong enough, spiritual enough, and therefore we never ask for help. And because we don't ask for help, we find ourselves defeated and discouraged.

So may we not let pride get in the way. May we crucify our flesh and its pride, and become acquainted with this short but essential prayer. Our Lord is ever ready to help, and may we be ever ready to ask. May it become our habit to "... come boldly unto the throne of grace, that we may obtain mercy, and find grace to help in time of need."





Employee of the Month

Crystal Hickman is our employee of the month for August! Her co-workers say, "She is a team player! She will help anyone!." One thing that you may not know about Crystal: she was a stay at home mom to her 4 children for 13 years! Crystal's special interests include napping. Crystal states about her job, "I love all of my residents and it makes me feel good when I know that I have helped them have a good day."

New Hires:

Roy Baber

Makayla Minor

Kerry Edgington

Kristen Mullins

Miranda Feeback

Virginia Mullins

Samantha Feeback

Destiney Newland

Brooklyn Kinder

Nicole Rankin

Toni Kraatz

Bourbon Heights, Inc. is an independent, non-profit, multi-level facility, including independent apartments and adult day health center, with personal care, short term rehabilitation, outpatient rehabilitation, long term care, and respite care.

Features of the facility include: In-house beauty salon, free Wi-Fi, cable television, limited access security doors, personalized care, laundry services, daily activities, weekly chapel services and more.

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